

## X C Training at Northaw Manor Equestrian Centre on 25<sup>th</sup> September 2011- with Celia Whicher

Only 5 people took part in the training with Celia Whicher, 4 members, Kelly Ward, Lily Ingram, Sophie Weaver, Tia Leighton and Nicky Champion, who is hopefully going to rejoin next year.

Tia's horse was so excited when it came out of the trailer and was being tacked up, when she decided to gallop off to see other horses in a paddock. In doing so the mare managed to split the head piece on her bridle. Luckily, Dudley's bridle fitted and Tia and her mare were able to take part in the training.

The training involved how to achieve a balanced seat, how to prepare for each fence and in Kelly's case how to sit and not fall off a bucking/rodeo-ing nappy horse.

We had positive feedback about the venue and the training with Celia, everyone took away with them something to remember for the next X C.

To add to this, the sun was shining, the course has excellent ground cover, has beautiful views across open countryside, and nobody fell off!! What more could you ask for on a Sunday Morning?

I would like to personally thank Celia for giving up her time on Sunday to give the training, as she was going on holiday that afternoon with her husband to Marbella.

Good luck to Lily, Sophie, Tia and all the other competitors from the riding club who are competing at the H T at Alconbury on Oct 9.

Barbara Ward